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February • 2018

Issue 12
41st Year

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President	Jan Hawkins	#209	727-799-5339
Vice President	Angela Grochowski	#473	727-475-8329
Secretary	Sally Keith	#447	574-518-4991
Treasurer	Bob Cipolla	#363	774-276-0171
Kitchen Director	Diane Swindlehurst	#1203	248-330-1336
Co-Director	Susan Henderson	#133	727-239-0525
Coffee Hour Coordinator	Carol Feger	#232	727-475-8962
	Patty Perricone	#464	631-704-9356
Inside Social Director	TBA		
Co-Director	Leah Parker	#284	727-238-8175
Outside Social Director	Sheila Carrier	#267	727-254-1772
Co-Director	Pat Visner	#236	508-209-8964

Regency Heights Media Team

Media Director	Chris Stones	#267	727-254-0248
Co-Director	Jerry Krentz	#266	727-215-3273
Delivery Coordinator	Carol Feger	#232	727-475-8962

HOA – Home Owners Association

President	Tammy Friendlander	#230	727-452-4926
Vice President	Carol Feger	#232	727-475-8962
Secretary	Marion Palmieri	#307	727-725-5364
Treasurer	Jack DeMattos	#182	518-524-8176
Director(s) at Large	Karen Lovell	#217	724-809-9178
	Sandy MacDavid	#393	727-799-2464
	Mary O’Keefe	#167	727-265-8515

Please – submit articles or calendar changes to Chris Stones prior to the 5th of the month before you wish it to be printed – electronic is preferred – chrisstones48@gmail.com

New park emergency # is 1-877-786-6048 ... call 911 for Health or Welfare emergencies.

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CALENDAR

Reminder: You can view the Monthly Media via your computer at www.monthlymedia.info.

New Residents

If you are new to the community please send a quick email to chrisstones48@gmail.com and introduce yourself. We would enjoy welcoming you to the community family. We would also like birthday and anniversary information for our records.

From the HOA

Tammy Thomas-Friedlander

Happy New Year from the HOA Board. We will be holding our annual member meeting February 8th at 6pm. Look for the flyer that will be delivered to your home. We hope you have had the opportunity to view our meeting minutes and treasurers report each month as they are posted on the bulletin board in the club house. The board continues with its charity donation work with Share the Wealth Monday nights before Bingo. It is truly a wonderful time to be in Regency Heights. We appreciate the hard work and improvements that Char, Bobbie, and Sun Communities have made.

In 2018 our major focus will to represent the home owners residing in Regency Heights. We are your voice with Sun Communities. We represent you and we need your support.

As we look forward into the New Year, let's all be kind to one another. We live in a marvelous community with excellent residence ... let's make sure our voice is heard.

I personally want to thank the board members for all of their efforts this year. I am proud to serve with Carol Feger, Marion Palmieri, Jack DeMattos, Karen Lovell, Sandy Mac David, and Mary O'Keefe.

Thanks to everyone who has been so supportive of the board in the past year.

Monthly Pool Party

Submitted by Christy Klein

Good News! The Pool Party will be held on February 4th, 2018 at 2 PM. We will use the same format of everyone bringing a dish to pass and BYOD.

The Club will cover paper products. Swimming is optional. There will be more details at Coffee Hours and posted on the Bulletin Board.





Golden Agers 50th Wedding Anniversary Celebration

Submitted by Angela Growchowski

Wednesday, February 14th, 2018 come on out at 7pm and honor two terrific couples ...

**Millie and Tom Higgins
And
Alice and Jacques DeMattos**

Please join us in the Regency Heights Clubhouse to honor our friend's special milestone. The event is proudly sponsored courtesy of the Regency Heights Social Club. Coffee and cake will be served.

Upcoming Dances

Submitted by Susan Henderson

February 24th – Dance to “Ron and Classics” starting at 8pm

March 24th – Dance to “Ben & Sassy” starting at 8pm

April 21st – Dance to “Double Density” starting at 8pm

As in the past BYOB and munchies.

Christmas Celebrations in Review

Submitted by Christy Klein

The Christmas Dinner and concert were very nice. The food and decorations were great. Thank you to the kitchen staff, Diane and Susan and all the helpers. The music performance was very good and put everyone in the spirit of Christmas. Thank you to Middy and all the singers for your dedication to the music, we know it takes much of your time to prepare for this event. Thank you to Chris Stones for narrating the music and the presentation of the Christmas Story of Christ birth.

Santa Claus and Mrs. Claus where the grand finally and along with Hudson (5 years old), they provided smiles on everyone's face. Children complete Christmas. Hudson was so excited to be a part of our Christmas Party and loved his gift from Santa. It was a bulldozer that does many tasks. Some of you may have seen Susan's post of Hudson and a kid at heart playing in the dirt with the bulldozer.

Thank you to Jack and Alice DeMattos for their performance as Mr. & Mrs. Claus. They performed several times during the holiday.

Thank you to all the residents and guest for your attendance at this event. There wouldn't be a Christmas Celebration without all of you.

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Happy New Year!





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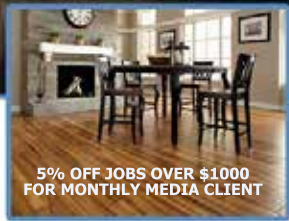


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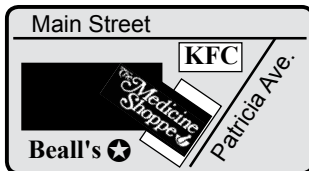
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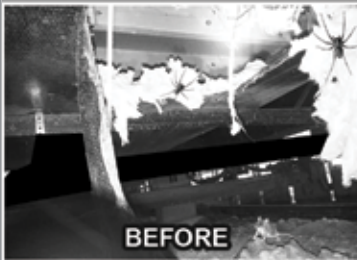
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A Special Thank-you

Submitted by Geri Clover

To all the residents who so generously took part in “Lighting up” our park on Christmas Eve with Festive Luminary Candle ... thank-you, it was a beautiful sight and a lovely way to celebrate the joy of giving. This was the third year residents have supported the Boy Scouts Luminary Project with the participation getting higher every year. Special recognition to the following folks who gave so generously of their time and energy making this year’s project a special success ... Karen & Davis Lovell, Kathy Winterberg & Tim LaFever, Janice Eick and Linda Bowen.

Next year we will reach even more residence.

A Great Big Thank-You to Carlo Lovasco

Chris Stones

Thank-you so much for Christmas Eve, the dances, your support for so many of our events – it is folks like you that make Regency such a wonderful park to live in.

WOW – What a Sunset Cruise

Submitted by Sheila Carrier

Thanks to everyone who took part and helped make it such a huge success.
What a great cruise – great weather – great cruise crew – spectacular sunset – the most amazing dolphin show.
We are looking forward to a repeat next year.



Horse Races – Feb 17 @ 7PM

Submitted by Christy Klein

The Annual Horse Races will be held February 17 at the Regency Club House Race Track. Please join us for an evening of fun participating as a jockey or cheering on your favorite horse. Bring your dimes and challenge your favorite horse or jockey. This is always provides a lot of laughs and great entertainment.



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<p>Get on the bus with these bus tours from Pinellas County!</p> <p><i>The Charleston Experience</i> February 26 to March 1, 2018 starting at \$679</p> <p><i>Mobile Festival of Flowers, Callaway Gardens & International Cherry Blossom Festival</i> - March 21 - 25, 2018 starting at \$879</p>	<p>Holland Tulip Festival and Mackinac Island's Grand Hotel May 10, 2018 <i>roundtrip airfare & transfers</i> starting at \$2,689</p> <p>Tulip Time on the Romantic Rhine and Mosel River Cruise - April 19, 2019 starting at \$3,999 & FREE <i>airfare</i> if booked before March 31</p>	<p>14 Night Florida to Spain Cruise on Rhapsody of the Seas May 6 - 20, 2018 <i>Airfare, all transfers, and hotel in Barcelona</i> starting at \$2,406.00</p> <p>5 Night Key West & Havana Overnight Cruise on Majesty of the Seas May 14 - 19, 2018 <i>Roundtrip transfers & taxes</i> starting at \$940.00</p>	<p>7 Day Hawaiian Islands Cruise on Pride of America plus 2 nights in Honolulu - Oct 25 - Nov 3, 2018 <i>Roundtrip transfers & airfare, hotel, & taxes</i> starting at \$3,770</p> <p>14 Day Panama Canal Cruise from Tampa on Norwegian Pearl Nov 4 - 18, 2018 <i>Roundtrip transfers & taxes</i> starting at \$2,112</p>
 <p>4 Night Western Caribbean Cruise on Carnival Paradise April 5 - 9, 2018 <i>Roundtrip bus to port of Tampa & taxes</i> starting at \$568</p> <p>7 Night Western Caribbean Cruise on Carnival Miracle sailing out of Tampa- April 7 - 14, 2018 <i>roundtrip transportation & insurance</i> starting at \$841</p>	 <p>13 Day Double Denali Land & Cruise Tour on ms Noordam - May 22 - June 3, 2018 <i>all transfers & airfare</i> starting at \$5,249.00</p> <p>28 Day Hawaii, Tahiti & Marquesas Cruise on ms Maasdam - March 24 - April 22, 2018 <i>all transfers, airfare, & hotel</i> starting at \$4,909.00</p>	 <p>15 Night Hawaiian Islands Cruise plus 1 Night Hotel in San Francisco March 22 - April 7, 2018 - <i>roundtrip airfare from Tampa, all transfers, hotel & taxes</i> starting at \$2,901</p> <p>12 Night British Isles Cruise - May 12 - 24, 2018 <i>roundtrip airfare from Tampa, transfers, \$80 SBC credit & taxes</i> starting at \$4,296</p>	 <p>15 Night Westbound Panama Canal Cruise on Celebrity Infinity May 2 - 7, 2018 <i>roundtrip airfare, all transfers & taxes</i> starting at \$2,644</p> <p>7 Night Alaska Hubbard Glacier Cruise on Celebrity Infinity May 27 - June 3, 2018 <i>roundtrip airfare, all transfers & taxes</i> starting at \$2,375</p>
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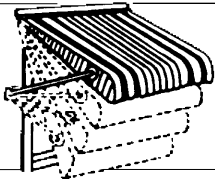
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Chris Stones

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We are initiating an animal rescue/adoption service where we will be matching up those who can no longer care for a pet with those folks who would cherish a new member of their family. To be on the list of those looking for a pet or if you wish assistance in finding your pet a new home contact Chris Stones, 727-254-0248, chrisstones48@gmail.com.

'Bark in the Park' Doggy Social

Chris Stones

February 20th @ 10am

On Tuesday February 20th at 10am we will be holding a Doggy Social program at our dog park. Small dogs will be from 10 to 11 with larger dogs from 11 to 12. This is primarily for your benefit as dogs do not recognize size – they recognize energy level. Dogs can be present for the full 2 hours as long as the owner is cool with it.

Rules will be simple ...

1. All dogs must be leashed until they are led into the park.
2. All dogs must be leash free while in the park
3. All dogs must have an owner present
4. All owners must pick up after their own dog and any other dog they observe
5. All owners must have fun – no hovering over your dog – let them be dogs
6. Observe the rule – No Talk, No Touch, No Eye Contact – respect your dog and allow it to be a dog
7. Please ensure all vaccinations are up to date



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Regency Heights Bowling League

Marilyn Christian

Calling All Bowlers!!!!

Our bowling season began on Thursday, November 9, 2017 and goes until March 22, 2018 at Dunedin Lanes. The weekly bowling fee is \$11.00 per bowler per week, with \$7.00 lane fees and \$4.00 prize fund. We will continue selling 50/50 raffle tickets each week which is added to our prize fund.

Our league consists of 11 teams with 4 bowlers per team. Several of our regular bowlers have decided not to bowl this year. Therefore, we encourage all, new and not-so new, residents to come and join in the fun as we always need substitutes for bowlers who are unable to compete.

YTD results (As of January 3rd) ...

Male high scratch game –	226 Loyal Shuman
Male high scratch series –	583 Loyal Shuman
Male high handicap game –	270 Jim Sterling
Male high handicap series –	705 Jim Sterling

Female high scratch game –	210 Iva Bailey
Female high scratch series –	529 Iva Bailey
Female high handicap game –	265 Judy Douglas
Female high handicap series –	676 Velma Rutka



Line Dancing

Marilyn Christian

Line Dancing at Regency Heights Clubhouse meets every Friday at 10am. So don't be shy, come join us for some fun.....

No experience necessary..... Ladies and gentlemen are welcome.

Looking forward to seeing you...

Bingo – Monday at 6PM

Dolly Hoover or Pat Conklin

Volunteers Needed!!!!

With the profits from Bingo, Dolly, Loyal and Pat help support many of the year round events and committees ... but we need some new blood. We need people to be available to sell cards or verify winners, but most of all we need callers. We will train.

Any question please contact Pat Conklin @ 727-791-4669 or Dolly Hoover @ 727-797-7240



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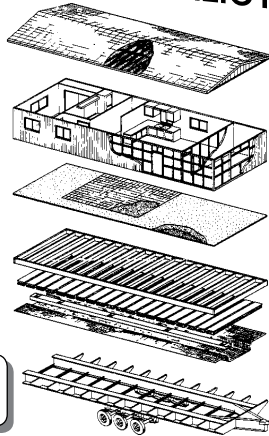
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We are also looking for any ideas or suggestions please bring them to us. Sheila can be reached at 727-254-1772 or Pat at **727-303-8328**.

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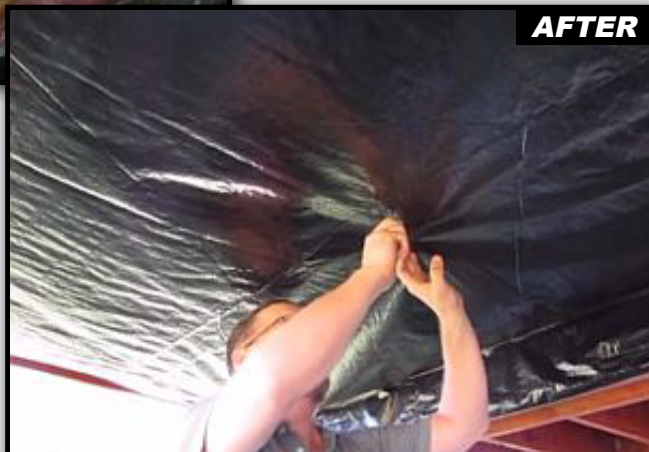
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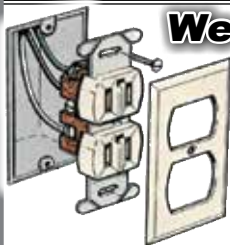
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Sunday	Monday	Tuesday
<p>MARCH</p> <p>S M T W T F S</p> <p>1 2 3</p> <p>4 5 6 7 8 9 10</p> <p>11 12 13 14 15 16 17</p> <p>18 19 20 21 22 23 24</p> <p>25 26 27 28 29 30 31</p>		
<p>2p Pool Party</p> <p>5:30p Euchre</p>	<p>4</p> <p>9a Exercise Class</p> <p>9a Shuffleboard</p> <p>6p Bingo</p>	<p>5</p> <p>9a Exercise Class</p>
<p>5:30p Euchre</p>	<p>11</p> <p>9a Exercise Class</p> <p>9a Shuffleboard</p> <p>6p Bingo</p>	<p>12</p> <p>9a Exercise Class</p>
<p>5:30p Euchre</p>	<p>18</p> <p>9a Exercise Class</p> <p>9a Shuffleboard</p> <p>6p Bingo</p> <p>President's Day</p>	<p>19</p> <p>9a Exercise Class</p>
<p>2p Pool Party</p> <p>5:30p Euchre</p>	<p>25</p> <p>9a Exercise Class</p> <p>9a Shuffleboard</p> <p>6p Bingo</p>	<p>26</p> <p>9a Exercise Class</p>

Regency Heights

Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9a Bowling 9a Exercise Class 7p Bunco	2 8:30a Bocce 10a Line Dancing 1p Shuffle Team Groundhog Day	3
Exercise Class 6	10:30a Shuffle 7	8 HOA General 9a Bowling 9a Exercise Class 7p Bunco	9 8:30a Bocce 10a Line Dancing 1p Shuffle Team	10 6p Poker
Exercise Class 13 Eardi Gras	14 10:30a Shuffle 7p Golden Agers Ash Wednesday Valentine's Day	15 9a Bowling 9a Exercise Class 7p Bunco	16 8:30a Bocce 10a Line Dancing 1p Shuffle Team	17
Exercise Class 20	21 10:30a Shuffle	22 9a Bowling 9a Exercise Class 7p Bunco	23 8:30a Bocce 10a Line Dancing 1p Shuffle Team	24 8p Dance
Exercise Class 27	28 10:30a Shuffle			



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Shuffleboard

Carol Lefever, 419-260-8506

The first game of the 2017-2018 was Monday, November 27.

The next pancake breakfast will be the first Saturday of each month – price is \$4 and don't forget your plates, cups and silverware.

Our Annual Cake Wheel & Hamburger Fry will be Saturday Jan 27th. The wheel will begin to spin at 11am. As in the past, donations for baked items are greatly appreciated.

Everyone is invited to shuffle Wednesdays after coffee. New shufflers are welcome to join us. Friday at 1:00 is team practice.

Keep Those Old Eyeglasses & Hearing Aids Coming

Lion - Dave Barry #471

What a year! Folks in Regency Heights contributed to a record year. There are recipients who are silently thankful. We are helping folks we have never and probably will never meet but you are elevating their standard of life through your generosity. I am proud to be a part of the Regency heights family.

Again, we thank everyone for all of the hearing aids (please remove batteries), eyeglasses and sun glasses, they are greatly appreciated.

Five Card Draw Poker Tournaments

Bob Cipolla

The game is five card draw poker and buy-in is \$10.00. This is a winner take all game with payout determined by the number of players at each table. Minimum payout is \$50.00 per table and there are normally 3 tables of 6 or 7 players per table.

You will receive \$10,000 in chips and will not be able to buy more. Everyone will ante on each deal, if you are unable to cover the ante you are eliminated from the game. Minimum and maximum bets will be posted and will increase as time passes.

You may open on anything. You can NOT check and raise and there is NO limit to the number of raises.

Call Bob Cipolla at 774-276-0171 to find out about the tournaments to be held Feb 10th. They are usually held monthly on the second Saturday of the month. Entries must be paid by the Wednesday before the date of the tournament.

Check the Club House board for updates. Come and enjoy a night of cards.





10 Things you Might Not Know about Valentine's Day

Chris Stones from the Woman's Day magazine

Get in the mood for love with interesting facts about the sweetest holiday by Kathleen Davis. Why are red roses so popular? How many candy hearts are produced every year? And most important, how many single men are actually out there? Love it or hate it, Valentine's Day is just around the corner. Whether you're steadfastly single or joyfully coupled up, chances are you have a thing or two to learn about love. Read on for surprising stats and unexpected info about the holiday.

1. Valentine's Day started with the Romans.

There are two theories about the origin of Valentine's Day. The first is that the day derives from Lupercalia, a raucous Roman festival on February 15 where men stripped naked and spanked young maidens in hopes of upping their fertility. The second theory is that while the Roman Emperor Claudius II was trying to bolster his army, he forbade young men to marry (apparently single men make better soldiers). In the spirit of love, St. Valentine defied the ban and performed secret marriages. For his disobedience, Valentine was executed on February 14.

2. Its not the most popular holiday for greeting cards.

According to the Greeting Card Association, 190 million Valentine's Day cards are exchanged annually, making Valentine's Day the second most popular greeting card-giving occasion, after Christmas.

3. Single ladies have a good shot at finding a date.

There are 119 single men—never married, widowed or divorced—in their 20s for every 100 single women of the same age.

4. True love is apparently not that hard to find.

Over two million marriages take place in the United States every year. That means there are more than 6,000 a day!

5. Husbands and boyfriends like to give bouquets.

Men account for 73 percent of Valentine's Day flower sales.

6. Roses are the flowers of love.

The favorite flower of Venus, the Roman goddess of love - the red rose, of course. The bud stands for strong romantic feelings, so it's no surprise they make up the most popular Valentine's Day bouquets.

7. "Wearing your heart on your sleeve" is more than just a phrase.

In the Middle Ages, young men and women drew names to see who their Valentine would be. They would wear the name pinned to their sleeve for one week so that everyone would know their supposed true feelings.

Continued on page 29

Vakesh Rajani, M.D.

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Dr. Rajani completed his residency at The Cleveland Clinic Foundation in Ohio. He was chosen as Chief Resident and served on the academic staff at the Cleveland Clinic prior to starting his medical practice in Florida. Dr. Rajani has been practicing medicine in North Pinellas for over 15 years.



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- Founding Director of the Mease Hospitalist Programs at Mease Countryside & Mease Dunedin Hospitals
- Served as Vice Chair of the Department of Medicine at Mease Hospitals
- Contributing Author, 2nd and 3rd Editions of the Cleveland Clinic Intensive Review of Internal Medicine

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8. Money can buy love.

The average U.S. consumer spent around \$102 on Valentine's Day gifts, meals and entertainment in 2009, according to an annual U.S. National Retail Federation survey. Roughly 92 percent of married Americans with children will spend most of that money (about \$67) on their spouse; the rest goes to Valentine's Day gifts for kids, friends, coworkers and even pets.

9. Americans have a serious sweet tooth.

According to the National Confectioners Association, about eight billion candy hearts were made in 2009.

10. The chocolate box has been around for more than 140 years.

The first Valentine's Day box of chocolates was introduced by Richard Cadbury in 1868.

10 Minute Tool Borrowing Club

Jerry Krentz

We are starting a new club – a tool borrowing club.
Have you ever needed that specialized tool for a small job? Don't wish to buy or rent! We have the solution.
I propose to create a tool lending library. The library will be a list where you can find a neighbor who has the tool you need and is willing to lone it out.
If you have tools you are willing to lone or to view the list or to join the program contact Jerry Krentz, Lot #266 – 727-215-3273

Aluminum Can Recycle Program

Shuffleboard

Regarding the aluminum can recycle program, bag your cans and leave them at the can-crusher outside the kitchen door at the Clubhouse. No loose cans, please. Thank you for all your participation.

January Anniversaries

- | | |
|----------------------------------|---------|
| 4 Neil & Joan Hagar | Lot 357 |
| 11 Jack & Sharon Van Etten | Lot 168 |
| 16 Chris Stones & Sheila Carrier | Lot 267 |
| 28 Jack & Jeanne Kaiser | Lot 169 |



Monthly Media Apologizes for the misprint of the January Anniversaries last month.

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February Birthdays

The Birthdays and Anniversaries List is posted in the Clubhouse on the Bulletin Board. Please add yourself if you're not on it. Also, please delete anyone who has moved or passed on. If you could also pass the information on via email to me that would be appreciated also chrisstones48@gmail.com

5	Bob Eboli	Lot 104	19	Jackie Boisvert	Lot 127
8	Donna Metzger	Lot 475	19	Kim Allbright	Lot 118
8	Larry Poling	Lot 382	20	Gene Honrath	Lot 155
9	Richard Hernandez	Lot 272	21	Rick Chernish	Lot 389
10	Jane Moery	Lot 170	22	Marilyn Fallon	Lot 352
14	Jeffrey Keith	Lot 136	23	Bob Surman	Lot 265
17	Goldie Hottinger	Lot 255	25	Gloria Quesenberry	Lot 609
17	Thelma Page	Lot 123	27	Vicki Rasmussen	Lot 142
18	Terry Jacobs	Lot 150	28	Audie Allred	Lot 220

February Anniversaries

7	Ansley & Betty Cummins	Lot 293
8	Carlos and Lisa Ortiz Carde	Lot 145
14	Keith & Janet Morgan	Lot 1205
14	Dan & Julie Hyde	Lot 149
14	Jeff and Lynn Smith	Lot 258
14	Pete & Patricia Petticone	Lot 464
17	Larry & Barbara O'Brien	Lot 470



Why We Shoot Deer in the Wild

Chris Stones as submitted per a letter from a Texas farmer who wants to remain anonymous, who farms, writes well and actually tried this.

I had this idea that I could rope a deer, put it in a stall, feed it up on corn for a couple of weeks, then kill it and eat it. The first step in this adventure was getting a deer. I figured that, since they congregate at my cattle feeder and do not seem to have much fear of me when we are there (a bold one will sometimes come right up and sniff at the bags of feed while I am in the back of the truck not 4 feet away), it should not be difficult to rope one, get up to it and toss a bag over its head (to calm it down) then hog tie it and transport it home.

I filled the cattle feeder then hid down at the end with my rope. The cattle, having seen the roping thing before, stayed well back. They were not having any of it. After about 20 minutes, my deer showed up -- 3 of them. I picked out a likely looking one, stepped out from the end of the feeder, and threw my rope. I wrapped the rope around my waist and twisted the end so I would have a good hold.

The deer still just stood and stared at me, but you could tell it was mildly concerned about the whole rope situation. I took a step towards it, it took a step away. I put a little tension on the

Continued on page 32



rope .., and then received an education. The first thing that I learned is that, while a deer may just stand there looking at you funny while you rope it; they are spurred to action when you start pulling on that rope.

That deer EXPLODED. The second thing I learned is that pound for pound, a deer is a LOT stronger than a cow or a colt. A cow or a colt in that weight range I could fight down with a rope and with some dignity. A deer -- no chance. That thing ran and bucked and twisted and pulled. There was no controlling it and certainly no getting close to it. As it jerked me off my feet and started dragging me across the ground, it occurred to me that having a deer on a rope was not nearly as good an idea as I had originally imagined. The only upside is that they do not have as much stamina as many other animals.

A brief 10 minutes later, it was tired and not nearly as quick to jerk me off my feet and drag me when I managed to get up. It took me a few minutes to realize this, since I was mostly blinded by the blood flowing out of the big gash in my head. At that point, I had lost my taste for corn-fed venison. I just wanted to get that devil creature off the end of that rope.

I figured if I just let it go with the rope hanging around its neck, it would likely die slow and painfully somewhere. At the time, there was no love at all between me and that deer. At that moment, I hated the thing, and I would venture a guess that the feeling was mutual.

Despite the gash in my head and the several large knots where I had cleverly arrested the deer's momentum by bracing my head against various large rocks as it dragged me across the ground, I could still think clearly enough to recognize that there was a small chance that I shared some tiny amount of responsibility for the situation we were in I didn't want the deer to have to suffer a slow death, so I managed to get it lined back up in between my truck and the feeder ... a little trap I had set beforehand ... kind of like a squeeze chute. I got it to back in there and I started moving up so I could get my rope back.

Did you know that deer bite?

They do! I never in a million years would have thought that a deer would bite somebody, so I was very surprised when I reached up there to grab that rope and the deer grabbed hold of my wrist. Now, when a deer bites you, it is not like being bit by a horse where they just bite you and slide off to then let go.

A deer bites you and shakes its head ... almost like a pit bull. They bite HARD and it hurts.

The proper thing to do when a deer bites you is probably to freeze and draw back slowly. I tried screaming and shaking instead. My method was ineffective.

It seems like the deer was biting and shaking for several minutes, but it was likely only several seconds. I, being smarter than a deer (though you may be questioning that claim by now), tricked it. While I kept it busy tearing the tendons out of my right arm, I reached up with my left hand and pulled that rope loose.

That was when I got my final lesson in deer behavior for the day.

Deer will strike at you with their front feet. They rear right up on their back feet and strike right about head and shoulder level, and their hooves are surprisingly sharp ... I learned a long time ago that, when an animal, like a horse, strikes at you with their hooves and you can't get away easily, the best thing to do is try to make a loud noise and make an aggressive move towards the animal. This will usually cause them to back down a bit so you can escape.

This was not a horse. This was a deer, so obviously, such trickery would not work. In the course of a millisecond, I devised a different strategy. I screamed like a woman and tried to turn

Continued on page 35

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and run. The reason I had always been told NOT to try to turn and run from a horse that paws at you is that there is a good chance that it will hit you in the back of the head. Deer may not be so different from horses after all, besides being twice as strong and 3 times as evil, because the second I turned to run, it hit me right in the back of the head and knocked me down.

Now, when a deer paws at you and knocks you down, it does not immediately leave. I suspect it does not recognize that the danger has passed. What they do instead is paw your back and jump up and down on you while you are laying there crying like a little girl and covering your head.

I finally managed to crawl under the truck and the deer went away. So now I know why when people go deer hunting they bring a rifle with a scope..... it sort of evens the odds!

All these events are true so help me God....

An Educated Farmer

Overview of Fun Events in our Area

Sheila Carrier

- Feb 4th 10am thru 3pm – Fresh Market at Hyde Park Village, 272 South Village Circle, Tampa
Over 100 vendors featuring fresh produce, meats, plants and local food.
- Feb 8 & 9th Florida State fair – Tampa-Florida State Fairgrounds – 4800 US Highway 301 North. There will be rides, agricultural exhibits, festival food, games, vendors along with FREE entertainment and much more.
- Feb 13th – Mardi Gras Parade and Festival – Downtown Dunedin – 4pm till 10pm
Celebrate “Fat Tuesday” with food, drinks, music and parade featuring over 50 unique and colorful floats – PLEASE NO PETS OR COOLERS
- Feb 17 & 18th – San Gennard Festa – Safety Harbor Marina – Sat 11am thru 8:30pm, Sun 11am thru 6pm – admission \$6 – enjoy Italian specialties like zeppole, cannoli and pizzelees – play bocce or dance to live music and much more.





Overview of Regular Events at Regency Heights

Bingo: Monday, 6:00 p.m. Open to visitors and guests. Bring a dauber, but if you don't have one, you can buy one here. Hot dogs, pop, and snacks available. Pat Conklin 791-4669.

Bocce: 8:30 a.m. Fridays at the bocce courts, next to the pool. Organized team play, Nov. - March. Ansley Cummins 797-6384.

Bowling: League plays 9:00 a.m. Thursdays Nov. - March at Dunedin Lanes. In summer, May - Sept., there is Color Pin Bowling, 9:00 am on Thursdays at Dunedin Lanes, Marilyn Christian, 727-286-8854.

Bridge: Doubles 6:00 pm Wednesdays. All players welcome anytime. Don't need a partner.

Bunco: 7 - 8:30 p.m. Thursdays, \$1. It's a simple dice game where points add up for prizes. Run by Rose Reid, 669-8186.

Cards for All: 6:00 p.m. Tuesdays and Fridays. Very informal, no leaders. Open to everyone. Poker, Bridge, Pinochle, Dominoes.

Coffee: 9:00 a.m., Wednesdays, hosted by RH Club Council. \$2.00 includes coffee, pastries and informal reports of upcoming activities, events and people. Bring a cup. The Wednesday after the first Monday of the month, October - April is the General Council meeting which includes formal reports from all Committee members.

Dances: 8 - 11:00 p.m. live music, BYOB and snacks. Monthly, November – April. Reservations not required, except New Year's Eve. Guests, visitors welcome. Archie & Susan Henderson.

Dinners: 5:30 p.m. the third Thursday of the month unless otherwise stated... Bring your own plates, flatware and glasses/cups along with your beverage of choice. Clubhouse opens after 12:00 pm to reserve seats. Tickets will be available in advance at Wednesday Coffee and Monday Bingo. Guests are welcome.

Exercise: 9:00 a.m. Monday & Tuesday for Walk Away Pounds. All welcome, anytime. Nov. - March. Joyce Green, 812-592-3485.

Euchre: 6:00 p.m. Sunday. Fee of \$1.00 All are welcome anytime. Don't need a partner. Finished before 9:00 p.m. Oct. - April. Daryl Swindlehurst, 248-330-1136...

Golf: The times vary to meet on Tuesdays at Countryway in winter and summer so they will be announced. Sign-up list at Clubhouse. Can play any week or all weeks. Leader makes up groups of 4. Contact Don & Jean Daigle – Don 978-771-8746 or Jean 508-828-8859.

Library: Open daily until 8:00 p.m. in the Clubhouse. Joyce Nichols, 953-6925.

Line Dancing: Nov. thru Apr. Fri. 10 a.m. at the Clubhouse, Marilyn Christian 286-8854

Pancake Breakfasts: (Cancelled until further notice) First Saturday of the Month. 8 - 10:00 a.m. \$4. No reservations. Bring plate, flatware, cup, etc.

Picnics: Memorial Day, Labor Day, Fourth of July at the Clubhouse and as announced. Tickets in advance at Wednesday Coffee and Monday Bingo.

Shuffleboard: The Stirling League team plays at noon on Mondays, Nov-March. Open shuffle and practice Tuesdays & Fridays at 1 pm. Everyone is welcome to come to the In-House Shuffle League at 1 pm on Wednesdays. Carol Lefever - Captain – 419-260-8506; 1st VP – Guido Christ & 2nd VP - Leah Parker – 727-238-8175.

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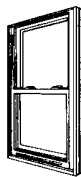
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Carol Zapiecki, Clearwater, FL

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George Lordstrom, Saint Petersburg, FL



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Quotes of the Month

Compiled by Chris Stones

ATTITUDE

Your living is determined not so much by what life brings to you as by the attitude you bring to life; not so much by what happens to you as by the way your mind looks at what happens. Circumstances and situations do color life but you have been given the mind to choose what the color will be.

John Homer Miller

INITIATIVE

Initiative is to success what a lighted match is to a candle.

Orlando A. Battista

When you stop questioning authority, you lose your humanity.

Chris Stones

Truth is the greatest weapon we have.

Oprah Winfrey at this year's Golden Globes

Red sky in Asia mystery solved

It's a centuries-old mystery: In the year 1770, skies over Asia turned a bright red for nine days. The cause of this unusual phenomenon has never been identified. Now, though, scientists believe they have an answer.

As reported on the Slate website, researchers recently uncovered a collection of 111 contemporaneous documents from that time, and learned that the red sky had lasted longer than previously thought (just two days) and was much larger as well.



Scientists' conclusion: The effect was created by an aurora caused by solar activity, sparking the longest geomagnetic storm in recorded history.

A similar aurora was observed on two nights in 1859 by a massive solar storm known as the "Carrington Flare." Analysis of records of sunspot activity in 1770 suggests that the Asian aurora was caused by sunspot twice as large as those that created the Carrington event.

If such an event happened today, it would likely have catastrophic effects, knocking out satellites crucial to communications and GPS instruments.

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EVENTS & PROGRAMS

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Creek Blvd off McMullen Booth! Used
goods of all kinds; just a fun place
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10-Noon!

Gateway MHP Community Sale,
Saturday February 3rd, 8am-2pm.
10100 Gandy Blvd. St. Petersburg,
33716

Annual Bazaar - Lincolnshire Estates
1071 Donegan Rd, Largo. Sat. Feb.
3rd 8am-noon. Breakfast and lunch
available.

Annual Rummage Sale. Harbor
Lights MHP 9191 Baypines Blvd, St
Petersburg. Saturday February 3rd,
9am-1pm.

Annual Yard Sale. February 3rd
2018 8am – 11:30am in Crosswinds
MHP 4125 Park St. N., St Petersburg.
Household goods, furniture, jewelry,
clothing, bedding, etc.

Shangri La Annual Garage Sale.
Saturday, February 10th 8:00AM -
2:00PM. All kinds of good stuff. 249
Jasper St., off Missouri.

Carport Sale - February 17th, Ranchero
Village, Ulmerton Rd., 8am-3pm.

Largo, multi carports sale! Saturday,
Feb. 17, Teakwood Village East.
800 Missouri Ave. 8am-1pm.
Refreshments in Aloha Hall. Lots of
great bargains! Furniture, glassware,
jewelry, clothing, household,
crafts, and more.

ANNUAL BAZAAR: Feb. 17th,
2018, 9:00am to 1:00pm. Shady Lake
Oaks, 15777 Bolesta Rd, Clearwater.
Breakfast and lunch available.
Household items, furniture and more.
50/50 drawings and raffles.

TRASH TO TREASURE SALE:
Serendipity Mobile Home Park,
Saturday February 17th, 8am-1pm
at 29081 Hwy 19N, East Clubhouse.
Bedding, dishes, furniture, appliances,
tools, sporting goods, home baked
goods, basket raffles, coffee & donuts
on the deck, lunch available. Something
for everyone. COME JOIN US!

La Plaza MHP Carport Sale. 6700
150th Ave. N., Clearwater. Saturday,
February 17th, 8am-1pm.

RUMMAGE - BAKE SALE -
DUNEDIN: Saturday, February 17,
2018, 8:00 AM to 2:00 PM, Lake Haven
Mobile Home Park - Treasure Cove
Clubhouse 1415 Main St. (SR580),
South on Lake Haven Road, East into
Treasure Cove, watch for signs. Small
Appliances, Linens, cloths, furniture,
baked goods. Breakfast and Lunch
items available.

ANNUAL FLEA MARKET FOUR
SEASONS ESTATES, LARGO.
Saturday, February 24, 8am-1pm. \$1.00
early bird entry fee 7:30am-8:00am.
Furniture, clothes, tools, jewelry, linens,
books, homemade baked goods, snack
bar, raffles and more. Complimentary
golf cart shuttle. 13225 101st Street,
Largo, off Ulmerton behind the Largo
Mall and Golden Corral.

Colonial Village Flea Market, 2000
East Bay Dr. Sat. Feb. 24, 8-12noon

CARPORT SALE, Sat. Feb. 24th.
Clearwater Cascades MHP, 9790 66th
St.N., 8AM-12PM.

Carport Sale February 24th East Bay
Oaks 601 Starkey Road, Largo. 9am to
2pm

ANNUAL SALE: Saturday February
24th, 8A-1P. Household, clothing,
furniture, misc., holiday, bakery,
lunch. Bag sale 12 -1. Westwind I
and II Clubhouses. 3301 Alternate 19,
Dunedin. Enter off County Rd 1 or
Alternate 19.

DORAL VILLAGE BAZAAR, Sat.,
Feb. 24th, 8am-1pm. 29250 US Hwy
19N, Clearwater. Furniture, Clothing,
Linens, Books, Appliances, Kitchen
Items, Glassware, Jewelry, Baked
Goods, Raffles, Donuts, Coffee, and
Lunch!

Note: Emporium is 2 pages

MARCH AD DEADLINE - FEBRUARY 10, 2018

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

Emporium Continued

February 24th Sugar Creek Annual Carport Sale 8 am-?. 10265 Ulmerton, Largo.

BAZAAR: Saturday, March 3, 2018 Down Yonder 7001 142nd Avenue N, Largo 33771. Special Raffle for New Samsung Galaxy Tablet-10

Paradise Island Annual Flea Market March 3, 2018, 9 AM to 1 PM. Tables available call Marcia 727-953-3616. Over 60 Vendors, food, bake sale and more. Early entry 8am \$1.

Caribbean Isles Rummage Sale: March 17th 8-1. Food and baked goods. Tables \$10 two for \$15. Call Brenda 262-331-0030

MARCH AD DEADLINE - FEBRUARY 10, 2018

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Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



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THOUSANDS manufactured home residents have won over **\$138,000** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or **mail your paid receipt** to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). This month's cash winners are:

Jim Walters.....	\$100Imperial Electric	Tom Foley.....	\$5Buggin Out Pest Control, Inc.
Kathy Herman.....	\$10Dave St. John Mobile Wash & Wax	Jackie Cunningham.....	\$5Bobs Mobile Home Washing
Carol Keenan.....	\$10Automotivation	Bobbie Smith.....	\$5Appliance Specialty, Inc.
Deb Schoenwether.....	\$10Donna Burcher - Wagner Realty	Warren Bowman.....	\$5Bob's Mobile Home Washing
Laurence Yannoittl.....	\$10Perfect Repair & Construction, Inc.	Kathy Cometto.....	\$5Heller's Mobile Home Washing
Alain Richard.....	\$10Natures Resource Pest Control, Inc.	Mari'Anne Dinsmore...	\$5Buggin Out Pest Control, Inc.
Millie Smith.....	\$10Royal Enterprises	Art Miller.....	\$5Bill the Carpet Guy
Pauline Monize.....	\$10Battleline Termite & Pest Control, Inc.	David Rohraff.....	\$5Discount Computer Repair
Donald Janes.....	\$10Ron Wyngarden Mobile Home Washing	Edna Price.....	\$5Appliance Specialty, Inc.
Mary Boote.....	\$10Doll Brothers Carpet Cleaners	Dan Willette.....	\$5Modern Pest Control, Inc.
John Rheberg.....	\$10Boss Electric Corp.	Maryanne Matty.....	\$5O.E. Wilson Insurance
Ron Teeter.....	\$10Dunedin Electric. Inc	Bob Ervin.....	\$5Recreational Golf Cars
Paulina Manahan.....	\$10Immaculate & Affordable Cleaning	Ray Wisniewsk.....	\$5Haseney Electrical Services, Inc.
Karen Hoover.....	\$10Rod Runners, Inc.	Kay Weyant.....	\$5Dunedin Plumbing, Inc.
Thomas Leppaner.....	\$5Royal Enterprises	Andy Richard.....	\$5Jones & Sons Plumbing, Inc
Yvonne D'Angelo.....	\$5Jones & Sons Plumbing, Inc	Ida Morris.....	\$5Bill the Carpet Guy
Jim Moore.....	\$5Doll Brothers Carpet Cleaners	Sandra Ravelin.....	\$5Ron Wyngarden MH Washing
Chris Shuman.....	\$5Appliance Specialty, Inc.	Darlene Johnson.....	\$5Bill the Carpet Guy
Jill Chambers.....	\$5Jones & Sons Plumbing, Inc	Richard Stgelais.....	\$5Buggin Out Termite & Pest Control, Inc.
Thomas Hylock.....	\$5Air Masters of Pinellas, Inc	Leon Hallwood.....	\$5Heller's Mobile Home Washing
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Can beet juice keep your brain young?

Beet juice may keep your brain young and fit, according to an article on the Runner's World website. The article cites a study reported in the *Journal of Gerontology: Medical Sciences* that found that a shot of beet juice an hour before exercise can have positive benefits to brains as they get older.

In the study, 26 sedentary men with an average age of 65 participated in six weeks of exercise. Some took daily shots of beet juice; others received a placebo. The participants walked on a treadmill three times a week for six weeks, building up to 50 minutes per session at increased effort. Comparing MRIs from before and after the trial, researchers found that the group that drank beet juice had significantly higher levels of "community consistency" within their brains.



The nitrate in beet juice, which converts to nitrite and then nitric oxide in the blood, has a strong positive affect on responsiveness in blood vessels, which in turn can increase the amount of oxygen reaching the brain and boost aspects of cognitive function.

Make sure drinking glasses are safe

Take a look in your kitchen cabinet at your drinking glasses. Do you have decorative glasses for water, wine, beer, or whatever you drink during the day? They may be hazardous to your health.

The Medline Plus website reports that researchers at the University of Plymouth in the United Kingdom analyzed more than 70 new and used drinking glasses and found that seven out of 10 tested positive for lead or cadmium—both toxic metals.

Lead was found in all colors and goldleaf designs. Cadmium was found in the highest concentrations in red enamel.

Lead in children's bodies can cause growth and developmental difficulties. Cadmium can cause cancer. Studies have also linked it to bone softening and kidney problems.

Keep deadly chemicals out of your body

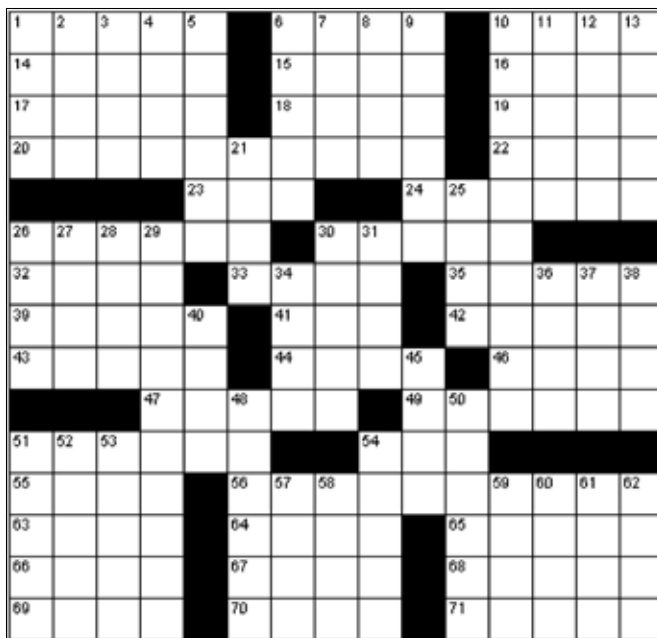
The list of chemicals that can cause cancer is intimidating, and keeping them out of your food can seem like an impossible task. The Fox News website, though, offers these tips for keeping your food and water free of toxic chemicals:

- Buy a water filter. A good filter can remove many cancer-causing chemicals.
- Eat organic foods. You'll cut your exposure to pesticides and other chemicals and support an industry that doesn't pollute the environment.
- Bring your own mug. Foam cups from most coffee shops contain styrene, which gets pulled out when in contact with hot liquids. Take your own travel mug when you go out for coffee, tea, or other hot beverages.



ACROSS

1. Double agents
6. As a result
10. They come from hens
14. Beautify
15. Hindu princess
16. Flame
17. Tropical vine
18. Wings
19. A Roman deity
20. Communicable
22. 1 1 1 1
23. Do-it-yourselfer's purchase
24. Terrapin or tortoise
26. Self-centeredness
30. Breakfast bread
32. Bacterium
33. Ancient Biblical kingdom
35. Run off to marry
39. Klutzy
41. Metric unit of area
42. Kidney-related
43. Tale
44. Bronzes your skin
46. Stars
47. Hebrew unit of dry measure
49. Tenant
51. Orbital high point
54. Fellow
55. Formal dress
56. Vote
63. Largest continent
64. Double-reed woodwind
65. Not tight
66. A hole for the escape of gas or air
67. Colored part of an eye
68. Aromatic compound
69. Border
70. Not a single one
71. Not those



DOWN

1. French Sudan
2. Chief Norse god
3. A unit of bread
4. Sea eagle
5. Light informal meals
6. Attribute
7. Angelic headgear
8. A Central American sloth
9. Afternoon snooze
10. Easy
11. A very tall fellow
12. A thin porridge
13. Detect
21. An indefinite period
25. Utilizer
26. Auspices
27. Lady's man
28. Chocolate cookie
29. Make pregnant
30. Pentateuch
31. Portent
34. Information
36. Burden
37. Sheet of glass
38. Otherwise
40. Sort
45. Aspersions
48. An opiate
50. Lace place
51. Sisal
52. Modeled
53. Being in debt to
54. Fliers in V's
57. A river in Spain
58. Stab or thrust (archaic)
59. Nibble
60. Lavish affection (on)
61. Purposes
62. No more than





Committees and Contacts

Bingo.....	Pat Conklin.....	#310.....	727-791-4669
.....	Dollie Hoover.....	#165.....	727-797-7240
Bocce Ball.....	Jan Hawkins.....	#209.....	727-799-5339
Bowling.....	Marilyn Christian.....	#269.....	727-286-8854
Bunco.....	Rose Reid.....	#422.....	727-669-8186
Bridge (Regular)			
Bridge (Doubles)			
Coffee Hour Coordinator	Carol Feger.....	#232.....	727-475-8962
Dances.....	Archie & Susan Henderson.....	#133.....	727-239-0525
Decorations			
Euchre	Daryl Swindlehurst	#1203.....	248-330-1136
Exercise.....	Joyce Green.....	#262.....	812-592-3485
Food Concessions	Joyce Nichols.....	#320.....	727-953-6925
Friendly Concern			
Golf	Don Daigle.....	#171.....	978-771-8746
.....	Jean Diagle.....	#171.....	508-828-8859
Golden Agers			
Helping Hand			
Inside Social Director	TBA		
Co-Director	Leah Parker	#284.....	727-238-8175
Kitchen Director.....	Diane Swindlehurst.....	#1203.....	248-330-1136
Co-Director	Susan Henderson.....	#133.....	727-239-0525
Librarian.....	Joyce Nichols.....	#320.....	727-953-6925
Line Dancing.....	Marilyn Christian.....	#269.....	727-286-8854
Newsletter	Chris Stones	#267.....	727-254-0248
Co-Director	Jerry Krentz.....	#266.....	727-215-3273
Obituaries.....	RH Office		727-796-1364
Outside Social Director....	Sheila Carrier	#267.....	727-254-1772
Co-Director	Pat Visner	#236.....	508-209-8964
Pianist			
Regionaires	George "Middy" Middlebrook	#363.....	727-916-0783
Shuffleboard	Carol Lefever	#505.....	419-260-8506
.....	Guido Christ.....	#135	
Sound System			
Welcome New Residence.	RH Office		727-796-1364

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